

California Chapter of the American Academy of Emergency Medicine's San Francisco Speakers Series Returns to the Bay

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The San Francisco Speakers Series is one of the most notable examples of the California Chapter of the American Academy of Emergency Medicine's (CAL/AAEM) commitment to lifelong learning for our members and other local California emergency physicians. This last series was spearheaded by CAL/AAEM Vice President, Dr. Jennifer Kanapicki, and Dr. Brian Potts. Over 40 people participated in the free event, which took place on a wet, cool evening in San Francisco's SOMA district on November 29, 2012. Based on an AAEM survey of topics that Young Physicians Section (YPS) members wanted to hear about, Dr. Kanapicki chose 3 relevant topics: ultrasound, therapeutic hypothermia and the always-fascinating topic of bouncebacks. Attendees had the chance to pour over the bratisserie type fare provided by the hosting restaurant, Paragon, and later hear lectures on current topics important to them. These 3 lectures were given by renowned speakers known to be both leaders in their own fields and outstanding lecturers.

Dr. Laleh Gharahbaghian chose to focus her lecture on a review of high yield bedside ultrasound "cases that count." She covered approximately 30 ultrasound clips that ultimately had the power to provide immediate diagnoses, rule out disease, change management, and ultimately save lives. Much in line with her role as the Ultrasound Director at Stanford, Dr. Gharahbaghian explained how bedside ultrasound continues to grow as an extension of the physical exam and has the capacity to serve as a "screening, diagnostic, and procedural guidance tool" that definitively shapes care in the emergency department (ED).

Dr. Deep Singh, a faculty member at Highland

Hospital, spoke on therapeutic hypothermia. He selected his topic based on his own interest in critical care and stressed the ED's key role in bridging the cardiac arrest event to recovery in the unit. His experience stems from Highland Hospital's own role as a cardiac arrest receiving center and history of implementing therapeutic cooling. His lecture was the culmination of his own literature review and discussed how, when, and who should be cooled according to current hospital protocols.

Lastly, award winning lecturer, Dr. David Thompson from University of California San Francisco, rounded out the night by speaking on preventing bouncebacks. As a resident, he read, *Bouncebacks! Emergency Department Cases, ED Returns*, by Michael Weinstock, et al, which served as a catalyst for his own personal fascination with the topic. From his lecture, Dr. Thompson hoped listeners would "gain a mindset of prospectively approaching potential bounceback cases." He stressed the importance of thorough documentation and the importance of being able to recognize which patients and circumstances were likely to yield return visits.

The goal of the night was bring hot topics and fun to the bay. More than a series of lectures, the CAL/AAEM Speaker Series allowed members to network with other Northern California emergency physicians in a fun, casual setting. CAL/AAEM prides itself on supporting professional and personal growth of the emergency physician and is pleased to bring free events like this past November's Speaker Series home to its members. If you missed this wonderful event, please look forward to the next Speaker Series, to be held in Southern California in Spring 2013.